



EILEEN B. SPRINGER

Executive and Career Coaching

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Eileen is the founder of Central Park Executive Coaching. She is coaching C-suite executives and senior leaders in corporations and non-profit organizations. Current engagements include coaching in the areas of leadership succession, performance improvement, career exploration and transitions, and on-boarding. Eileen is a Core Guide at Chief, a women's peer networking organization supporting development of C-suite executives. She provides HR advisory services, offering expertise in HR due diligence, talent assessments, organization design, talent acquisition, succession planning and leadership development design. Eileen has co-created a proprietary model, the Springer-Alvarez talent model. Their work includes insights into current trends in talent management, leadership development and preparing for a future of work that is mutually beneficial to both employers and employees.

Eileen brings over 30 years of experience leading HR and Talent Management teams in large global companies, with an expertise in Executive Coaching, Talent Acquisition, Talent Assessments, Leadership Development, Organizational Design and Effectiveness, Performance Management, Succession Planning, Diversity, Equity and Inclusion, Change Management, Employee Engagement strategies and developing early-in-career management programs.

Eileen was formerly the Senior Vice President of Talent Acquisition and Development at Compass Group, NA; the sixth largest employer in the world. At Compass Group, Eileen coached senior executives in food services and healthcare businesses, oversaw the recruitment of over 10,000 professionals a year, redesigned the succession management and performance management processes, led talent assessments for corporate acquisitions and transformed the approach to learning and leadership development.

Eileen's HR foundation was built in two Fortune 500 companies, working for Pitney Bowes and Citibank, where she held a multitude of roles as Vice President of Human Resources. In each role, Eileen successfully coached senior executives and managed coaching programs with third party providers. She supported global mergers and acquisitions with talent and culture fit models customized for each business. Her experience in a variety of industries, combined with her functional expertise in talent management and reputation for being a strong business partner, distinguish Eileen as a coach.

Eileen is a graduate of the University of North Carolina at Chapel Hill and has completed the Advanced Levels of the Columbia University Executive Coaching Certification Program. She is also certified by the International Coaching Federation (ICF), and is certified in a variety of talent assessments. She resides in Stamford, CT and New York City where she sits on several non-profit boards supporting the community in the areas of civil rights, social services and public education.